

Canterbury Mountain Biking Club Ride Leader Check List



Ride Location:

Ride Leader:

Date:

| | Task | Done |
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| 1. | Confirm Date of Ride from website. | |
| 2. | Confirm Location (if is a local ride it's up to ride leader to determine) | |
| 3. | <p>Post Event on CMBC Facebook page and include the following:</p> <ul style="list-style-type: none"> • Date of ride. • Location of ride. • Description of ride (distance, approx. riding time, difficulty, etc.). • Location of meeting point. • Time of meeting and an estimated time of departure from meeting point. • Any additional kit required for ride. • Any other relevant information. • If weather looks like it may be a factor, include a time for notification of details change, avoid putting multiple ride locations in a single event. | |
| 4. | Get all riders to complete Ride Contact Sheet | |
| 5. | Return Ride Contact Sheet to Membership Secretary either before or after ride. | |
| 6. | <p>As the ride Leader you are responsible for the following:</p> <ul style="list-style-type: none"> • That all rider are aware of any dangers/concerns about the days ride. • That all riders regroup at breaks etc. • Either leading from the front and appointing a "Tail End Charlie" or appointing a lead off person and ride as "Tail End Charlie". • If someone is new to the club, or you are unsure about their riding ability, ensuring that that person is riding with a competent person. • If the ride group is large enough to break into two groups i.e. a fast and a slow group, ensuring that there is a 'defacto' leader in each group, and both groups know the intended ride and the meeting points. • Ensuring the EPRB/GPS, First Aid Kits and spares are available if required. • Debrief ride. • Remember that as the Ride Leader you can delegate these tasks, and when in doubt ask around for help/advice. | |